EAGLES FLASH !!!
February 1997

We have all, apparently, survived the floods (though some had close calls and at least yours truly has a persistent leak in his condo's flat roof). **Lise Talley**, one of our founders, called from Oroville to check up on us. She now lives with her partner close to the top of the dam, high and dry, but was concerned about her old friends, and took the time to show it.

We have been invited to join in one of the gatherings that take place up there from time to time! They draw folks from the general area (Chico, Red Bluff, etc.) but also get participants from Redding, Davis and various foothill communities.

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Valentine's day is coming up. If you don't have a special someone in your life and are looking for something to do with yourselves think about sharing yourself with others. Volunteering is a good way to do it. If you do have a special someone both of you could do it!! We know of several *EAGLES* who currently are into volunteering and say it's fun.

The **Retired Senior Volunteer Program** is looking for senior volunteers who they can place in a variety of agencies. For more information call them at 978-2131.

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Did you know that the Sacramento Bee puts out a separate newspaper devoted to news for and about seniors? It's called Spectrum. They recently published the Golden Pages, a directory of programs, agencies and resources serving seniors. To find our more, **call 321-5210**.

Mini FLASHES !!
Welcome **Alan S.** back from his voyage aboard HMS Canberra, Southampton to Hong Kong! We look forward to hearing about his adventures! Before he left, Alan did not expect any romantic goings on would occur (certainly not to him), but he is such a charming fellow we find it hard to believe his fellow passengers could fail to notice! We appreciate him a lot!!

Dick P. is recovering from a setback in his rehabilitation following an automobile accident. He rejoined the walking group recently and kept up with everyone. He expects to be at the next potluck!

Did you notice the article in OUTWORD recently which featured an interview with **Betty W.** and **Dorothy K.**? They were part of the original group which started the *EAGLES* as a support group. Each had lost their lifetime partners when they helped form the group. They did a good job of explaining what it was like growing up "in the old days" without a support system or role models. We have come a long way.

COMING EVENTS
POTLUCK, February 12th, 6:30 PM Lambda Center. (A large microwave is now available, courtesy of a donation by an EAGLE.)
MONTHLY SOCIAL, February 26th, 6:30 PM, Lambda Center.
WALKING GROUP, every Saturday, 1O AM. Call Larry at 991-2420 for details.

Jayne Rountree Library
Lambda Community Center
Sacramento, CA